



# MSGNA MAINE

Society of Gastroenterology Nurses and Associates

SUMMER 2004

## ENDOGRAM

President: Kathleen Bailey

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*Hello Everyone!*

*I hope each of you are enjoying some summer relaxation and maybe some sunny vacation days!*

*The Annual SGNA Course in Dallas was great! I did not get outside the conference center to see any of Dallas because I took in all the course had to offer. Barbara Young and I went to all the delegate sessions which were very interesting. A copy of the resolutions are in the following pages. Also a video was made of all the regions receiving the charter.*

*I attended my first GI certification banquet. It makes you proud to be in that prestigious company of exceptional GI nurses.*

*Most of the educational sessions were great and I brought back some new information for my department. The nurse administrated propofol (NAPS) was a hotly discussed topic. A couple of states are allowing nurses to administer propofol and they were on the panel. For sure this is a controversial subject and we will be seeing and hearing more!*

*I met most of the Maine attendee's and we all had a great trip. You should all try to attend a future national conference. It makes you proud to be a GI nurse.*

*Sincerely,*

*Kathleen Bailey, CGRN MSGNA President*

House of Delegates Resolution Outcomes.

#1: SGNA Annual Course be held in Atlantic City.  
REFERRED TO FUTURE SITES COMMITTEE

#2 SGNA forward all CE approved applications to CBGNA for review.  
ACCEPTED

#3 SGNA make a recommendation to define the standard of practice regarding type of water used in water bottles.  
OUT OF ORDER

#4 SGNA provide the Core Curriculum on CD-Rom and/or book form.  
ACCEPTED

#5 An introductory letter stating the importance of your vote accompanying the SGNA ballot.  
REJECTED

#6 SGNA create educational literature to support Haldol as a substitute for Droperidol as an adjunct to moderate analgesia regimen.  
OUT OF ORDER

#7 SGNA increase the number of national scholarships available to members from 5-10 scholarships a year, to 20-25 scholarships a year.  
ACCEPTED

#8 SGNA present guidelines on what you need to keep and for how long for regional societies.  
ACCEPTED

#9 SGNA HOD workshop begin at 1:00 pm  
WITHDRAWN

#10 All renewal memberships be mailed with a peel off sticker for new dates to be placed on existing card- using postcard size mailer.  
REJECTED

#11 SGNA support that LPN/CGN with facility established competency, and under direct supervision of a physician, could make the incision for the insertion of PEG feeding tubes.  
REJECTED

#12 SGNA should offer an educational program/track at the national conference pertaining to GI associates scope of practice.  
ACCEPTED

#13 SGNA formalize a plan to increase pulmonary educational offerings during the regular sessions of the annual course.  
WITHDRAWN

#14 SGNA develop a letter of recommendation to encourage employers to recognize and reward certified nurses.  
ACCEPTED

#15 SGNA will include an area dining/restaurant guide for attendees to be included in registration packets.  
WITHDRAWN

**2004 MSGNA Officers and  
Board of Directors**

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*Notes from the Course!*

The National Conference was very good this year. I always enjoy these conferences but this year I came away more challenged than ever before. There was a lot of discussion on issues with conscious sedation covering such things as nurse administered propofol. They had a panel discussion with a nurse lawyer on the panel. I was challenged to look at how I do things and my legal responsibilities in administration of conscious sedation. The Key note speakers were fantastic! There seemed to be more of a spiritual emphasis this year so not only was I challenged in my practice but I was also challenged spiritually. I came back overflowing with enthusiasm and professionally renewed. I certainly encourage any GI nurse to make every effort to attend a national conference. It is so professionally rewarding. I am looking forward to representing MSGNA as president at the National Conference in Minnesota next year.

Barbara Young, Pres.Elect MSGNA



*Bio from Lisa Gwarjanski, RN CGRN  
Board Member*

I was born in Lewiston, ME. I graduated from Lewiston High School in 1980 and St Mary's School of Nursing in 1983.

After graduation, I started working at St Mary's Regional Medical Center. I worked 4 years on the Orthopedic/Neurology unit and the past 17 years in Endoscopy/Outpatient unit. I have also been working as an Endocrinology nurse since 1991.

I took my CGRN exam in May 2000 and served on the MSGNA Board of Directors since January 2003.

I live in Poland with my husband Steve, our twin daughters Kimberly and Heather, our son Jason, and a dog Jeb! I enjoy snowmobiling, boating, hiking and am a dedicated hockey/soccer/lacrosse Mom!

“We are excited about hosting the conference in Dover. Space will be limited to 100. Continental breakfast and lunch will be provided. The presenters are all physicians from the practice we work with daily. They offer a wide range of services for a community-based hospital and we think they are a great group of guys.” Cindy Tiemann, BA, BSN, RN CGRN Wentworth-Douglas

**MSGNA Fall Endoscopy Conference 2004**  
**GI Diseases: New Technologies, Treatments,**  
**and Thoughts**  
**Saturday, October 30th**

**7:00-7:50 Registration  
Breakfast with Vendors**  
**7:50-8:00 Introduction and Opening  
Remarks**  
**8:00-9:00 PEG  
Dr. David Flavin**  
**9:00-10:00 Capsule Endoscopy  
Dr. Roger Epstein**  
**10:00-10:30 Break with Vendors**  
**10:30-11:30 EUS  
Dr. Jaime Baquero**  
**11:30-12:30 Lunch  
MSGNA Business Meeting**  
**12:30-1:30 Barrett's Esophagus  
Dr. Robert Ruben**  
**1:30-2:30 Photodynamic Therapy  
Dr. Aristotle Damianos**  
**2:30-2:45 Break**  
**2:45-3:45 Celiac Sprue  
Dr. William Maher**  
**3:45-4:00 Evaluations and Closing  
Raffle**

**Make checks payable to:** MSGNA  
**Mail conference reservation and checks to:**  
MSGNA Fall 2004 Committee  
222 Long Hill Road  
Dover NH 03820  
SGNA Member \$50.00  
Non-member \$65.00  
Late Fee \$10.00  
Late fee applies for checks received after  
October 15  
Seating is limited so register early!  
**Directions**  
Take I-95 North or South to Portsmouth NH  
to Spaulding Turnpike North to Exit 9. At  
first intersection, turn right onto Central Avenue.  
Wentworth-Douglas Hospital is approximately  
one mile on left.  
**Hotel Information**  
Comfort Inn and Suites  
10 Hotel Drive Dover NH  
603.750.7507  
Special hotel guest room rates will be  
available for the conference.  
Just Mention:  
MSGNA Fall 2004



**Deadlines:**

August 28 & 29, 2004- Arizona Certification Preparation Course (Deadline to register, August 13th-  
<http://www.sgna.org/resources/prepcourse.cfm>)

August 29, 2004- Late registration deadline for Fall Certification Exam ([http://cbgna.org/apps\\_exams.html](http://cbgna.org/apps_exams.html))

October 17, 2004- CBGNA Certification Examination ([http://cbgna.org/apps\\_exams.html](http://cbgna.org/apps_exams.html))

October 30, 2004- MSGNA Fall Conference Dove, NH

October 31, 2004- CBGNA Certification Deadline ([http://cbgna.org/apps\\_exams.html](http://cbgna.org/apps_exams.html))

### **Tidbits:**

Please welcome our newest members: Sharon Chamberlain-Blau, Beth Eldridge, Nancy Millian, Janice Morong, Janice Ritchie, Diane Sprague, Geoffrey Sprague, Jane Ellen Sprague, and Lisa Warren.

We all had a great time at St Mary's Spring conference in April. We were very lucky to have Dr. Chuttani speak about Interventional Gastroenterology. He was excellent as were all the lecturers! Some of the attendees were even more lucky! Winners of the 5 \$100.00 SGNA gift certificates and Red Sox tickets at the spring conference:

Pentex donated Red Sox tickets: Elizabeth Roy, St. Mary's  
\$100 SGNA gift cert. :

Linda Gondeck, St Mary's  
Lisa Gwarjanski, St Mary's  
Beth Eldridge, Waldo County  
Kathy Rousseau, CMMC  
Jan Campaigna, PEC

Information about the fall conference in Dover is included in this issue. Cindy Tiemann and her colleagues have been very busy organizing this conference! When you see Cindy in October, be sure to congratulate her on the birth of her son, Jameson!

Please be prepared for elections at the fall conference. You will be asked to elect a Treasurer, President-Elect and 1-2 board members. Please be thinking about these positions and their importance to our professional society. Our board and officers sign a contract agreeing to attend business meetings and contribute their time and energy. In return, MSGNA agrees to refund the cost of their membership for the previous year of service. If you have questions or are interested in board participation, please contact one of the officers listed on page 3 of this issue.

#### *E-Scope Article- How Healthy Is Your Career?*

The SGNA Employment Network at [www.sgna.org](http://www.sgna.org) is the only place to look for your dream job. Focusing 100% on jobs in the Gastroenterology nursing field, SGNA Employment Network simplifies your job search. Don't see anything that interests you? Then post your resume on-line and have employers contacting you! Or refine your search by key word or geographical location. The SGNA Employment Network was created to help make finding a job fun and easy. Start your search today!

Or are you searching for a nurse, nurse practitioner or physician assistant? Target your search with SGNA's Employment Network, a member of the HEALTHeCAREERS Network, providing exclusive access to the members of professional associations representing over 150,000 nurses, nurse practitioners and physician assistant. Visit [www.sgna.org](http://www.sgna.org), select Employment Network and follow the simple instructions. Have questions? Call 888-882-8242 or email [info@healthcareers.com](mailto:info@healthcareers.com).

# Scenes from Dallas!!

