



MSGNA MAINE

Society of Gastroenterology Nurses and Associates

ENDOGRAM

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President-Elect:

Kathleen Bailey

Secretary:

Linda Gondeck

Treasurer:

Lisa Gwarjanski

Education Chair:

Janet Fogg

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Message from the President

I trust you all had a wonderful holiday. I look forward to this new year with much excitement. Serving as President of MSGNA is a great privilege and responsibility. We have a wonderful team of officers and directors who work together to keep our organization strong. We will look at opportunities such as recruiting and retaining members, education for Techs as well as RN's, community involvement, and networking with other professional organizations. I would encourage every member to get involved. Invite your colleagues to join. Your involvement gives you a voice in your practice. It is a wonderful opportunity for professional growth. Have a Happy New Year and I look forward to working with you all as President of MSGNA.. Thank you for this opportunity.



Barbara Young, RN CGRN

Congratulations and Welcome....

**" Certification is special.
It shows commitment-to
your profession and to
yourselves. "**

**Cathy Bolton, RN CGRN,
CBGNA President**

Congratulations to our members who successfully completed the CBGNA exam since October 2003:

Lorraine Fournier, CGRN

Kathleen Maguire, CGRN

Cynthia Ferland, CGN

Roger Collard, CGRN

And also please be sure to welcome our newest MSGNA members:

Beata Umugwangwali, RN Dover

Kathryn Rousseau, RN Lewiston

Leadership Conference 2004



Lisa Gwarjanski and
Linda Gondeck

On October 22nd and 23rd, 2004, Lisa and I attended the SGNA Leadership conference in Chicago. There were members from 48 different regions attending. It was a wonderful opportunity to meet the national SGNA leadership as well as officers from the different regions.

We learned about SGNA policies, bylaws, membership recruitment and retention, writing resolutions for the House of Delegates and more.

Lisa and I both hope our region sends two other members next year. It was a great learning and networking opportunity that will benefit MSGNA.

Linda Gondeck, MSGNA Sec.

Education Committee Report

The education committee has finalized the conference planning packet. We will have 2 or 3 copies since there are usually 2 hospitals working on a conference at overlapping times. The packet will be transferred at the conferences. The only thing left to work on is the terms of Education Committee membership and the list of hospital rotation for hosting a conference. We will be discussing the membership of the committee at the next board meeting. Our Fall 2005 conference will be hosted by CMMC on Oct. 15th and the 2006 Spring Conference will be a joint effort by BMC and SMMC. Janet Fogg, MSGNA BOD/Ed. Chair



Janet Fogg

Diane Setchell



Rosemarie Powers

Article from E-Scope:

Start Preparing Now for March Colorectal Cancer Awareness Month

The goal of National Colorectal Cancer Awareness Month is to generate widespread awareness about colorectal cancer and to encourage people to learn more about how to reduce their risk of the disease through a healthy lifestyle and regular screening. The Society of Gastroenterology Nurses and Associates, Inc. is a proud member of the National Colorectal Cancer Roundtable. The NCCRT is a coalition of medical, professional, consumer advocacy and voluntary organizations committed to raising awareness about the prevention and early detection of colorectal cancer. The Roundtable's ongoing mission is to reduce the incidence of and mortality from this disease by achieving screening rates for colorectal cancer that are equivalent to screening for other cancers. The American Cancer Society and Centers for Disease Control and Prevention established the National Colorectal Cancer Roundtable in 1997.

SGNA is also a proud partner in the Ninety in Nine Campaign. The goal of this campaign is to have 90% screened, 75% reduction in incidence, and 75% reduction in deaths by 2010. As a professional member of the Gastroenterology Community, we strongly encourage you to share information regarding this important month and awareness programs with other SGNA members, staff/facility, and the general public. For educational material for Colon Cancer Awareness Month call 877/35-COLON or go online to www.preventcancer.org/colorectal. Be sure to order early so that you receive your material in time!

Also visit the SGNA colorectal cancer awareness page for links, fact sheets, sample state resolutions and so much more at <http://www.sgna.org/legislative/CRCA.cfm>.

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SGNA

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For Your Information:

Are the Endoscopy Techs in your suite talking about getting more recognition for their specialty? SGNA is officering GI Technician Specialist. This has been a very "hot topic" on the Discussion Forum for the past year. FMI please contact SGNA Headquarters at 1-800-245-7462.

Available in Summer 2005:

SGNA ASSOCIATES will now be able to earn recognition as a **GTS**, GI Technical Specialist.

Overview of Program:

There will be eight (8) modules that need to be taken and completed (passing a post test):

- Module 1** Anatomy
- Module 2** Equipment
- Module 3** Reprocessing/Infection Control
- Module 4** Patient Care
- Module 5** Risk Management
- Module 6** Roles & Responsibilities/Communication
- Module 7** Safety
- Module 8** Emergency Preparedness

Upon completing the 8 modules, an Official Recognition of Completion and a GTS lapel pin will be awarded to the associate.

Modules will contain slides, diagrams and supporting documents.

Each Module will have a post test to evaluate the competency of the learner.

Pricing:

All 8 modules for an SGNA Member Tech/Associate: \$80

All 8 modules for a Non-Member Tech/Associate: \$160

Each module will also be available for purchase separately with contact hours available.

Pricing for non-Techs/Associates will be by contact hour: \$20 Member/ \$30 Non-Member

Contact hours for each program have not yet been determined.



Notes from 2004 Fall Conference

The conference on Oct. 30th, 2004 at Wentworth-Douglas in Dover, NH was outstanding. We started with a discussion of the use of Propofol in GI Procedures with an emphasis on the risks vs. benefits of its use. We also learned more about the M2A capsule, which seems to lend itself to an office-based procedure. Insurance does cover some of the cost for this procedure. The information covering Barrett's Esophagus was very informative. Barrett's develops rapidly to its maximum, so short-segment Barrett's doesn't progress to long-segment. The lecture on Photo-dynamics was excellent. It sounds like an interesting alternative to putting in an esophageal stent. There were several items raffled off at the conference. Jean Kelleher, Ginny Smith, Sue Carpenter, Carol DiFelice, Kim Clement, Beata Umugwangwali and Roger Collard all won gift bags. Caron Bourque won the Pentax camera.



Photos

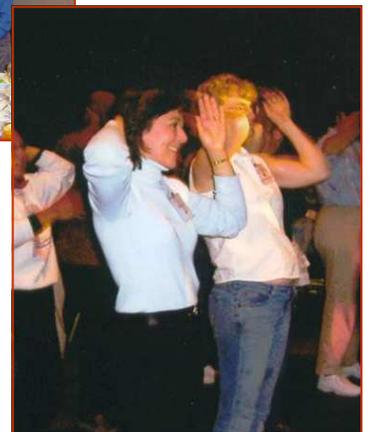
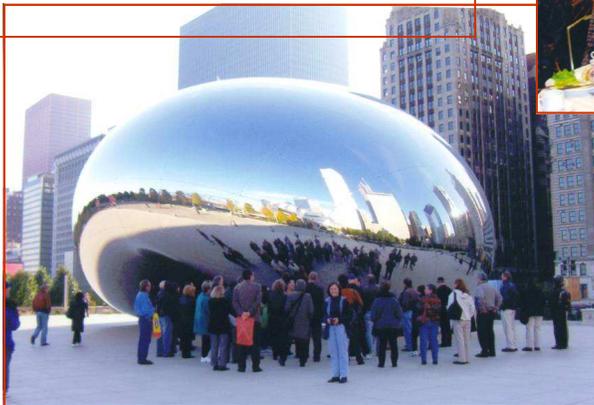
from

2004

fall conference



Photos from Chicago
Leadership Conference
2004



Dates To Remember:

March 2005- National Colorectal Cancer Awareness Month

Colon Cancer: The Whole Story Sat., March 12th Samoset sponsored by PenBay Med. Center

GI Certification Review Course March 12th&13th Boston sponsored by NESGNA

MSGNA Spring conference in conjunction with GI Day: Friday and Saturday Apr. 29th&30th
Harraseeket Inn, Freeport, ME sponsored by Mid-Coast Med. Center

Spring dinner meeting April or May Location TBA-

GI Nurses and Associates Day March 23rd

SGNA 32nd Annual Course Minneapolis, Minn. May 13-18th

Article- CBGNA Reminders and Updates

Remember, if you are planning on taking the certification exam this spring the registration deadline is March 12, 2005 (late registration deadline is March 27th- additional \$50 fee). The spring exam will be offered at the SGNA Annual Course in Minneapolis, MN as well as Sacramento, CA on Saturday, May 14th, 2005.

If you are already certified and looking for contact hours towards your recertification, CBGNA currently has two self-study modules available for purchase on-line, <http://www.cbgna.org/marketplace.html>. The "ERCP Self Assessment Specialty Study Module" offers 15 CE's and the "Esophageal Self-Assessment Study Module" offers 5 CE's upon completion. Go on-line today and check it out.

Awards Deadline Approaching

Are you an SGNA member? Are you currently employed as a care provider in gastroenterology? Have you been certified for at least 3 years? If you have answered yes to these questions, or know someone who fits this description, then you just might be the next "Outstanding Certified Gastroenterology Professional of the Year." The recipient of this award will receive recognition at the CBGNA Recognition Dinner, full annual course registration, air fare and hotel to the SGNA Annual Course.

Or maybe we are surrounded by outstanding certified nurses? If your facility has 50% or greater number of nurses certified in gastroenterology you may qualify for the "Excellence in Professionalism Award." Facilities with 50% or greater certified nurses will be recognized at the CBGNA Awards Gala and receive a framed certificate of accomplishment.

Don't miss these great opportunities! The deadline to apply is February 15th so go online today to view the full applications <http://www.cbgna.org>

Tribute to our "Hat Lady"

For the first time in 12 years, Martha Mita is not on the Board of Directors or Executive Board of MSGNA. In that time our chapter has grown into a professional and creative organization. Martha has been directly responsible for many of the improvements that lead to the chapter we have today.

When Martha started as Secretary, our leadership was fragmented, with minimal contact with SGNA Headquarters. Now our Executive Board is frequently in contact with national leadership through attendance of the Annual Course and Leadership Conference. We have several new members serving on the Executive Board and Board of Directors. These new officers will be our President and President Elect, leading our region with new and exciting ideas. We have educational conferences twice a year, dinner meetings for members-only and have helped organize multi-regional conferences. We have worked to increase public awareness of colon cancer screening, We have improved the practice of Endoscopy throughout the state. Martha has been a driving force for all these initiatives.



“In all the time that I have known Martha, I have always been impressed with not only her dedication to MSGNA, but also with her unpretentious manner. She gets the job done in her own quiet way. She is very dedicated and always willing to do whatever is needed.”

**Barbara Young RN, CGRN
MSGNA President**

Martha has served as Secretary, President, President-Elect, Immed. Past President as well as on the Board of Directors. We will definitely miss Martha's enthusiasm and inventive leadership at the board meetings. However, I am sure she will continue to contribute to our chapter as a very active member!

Thank you, Martha, for all you have done for MSGNA!

2005 House of Delegates Resolutions

Resolved that:

1. SGNA headquarters will notify the individual from each region submitting the application that the form and documentation have been received and that they have met the requirements for rechartering
2. HOD have a complete separate day scheduled for HOD workshop, meetings, so as not to interfere with optional and vendor program.
3. SGNA set guidelines for post procedure calls.
4. SGNA develop educational programs at the SGNA level to include the mid-level provider.
5. The October leadership conference in Chicago have a computer/website orientation class and verification of new regional information and access.
6. SGNA shall develop a core set of process improvement initiatives that will allow similar endoscopy centers to benchmark improved processes
7. SGNA will provide members' employers a letter describing the importance and benefits of member involvement and encourage the employee's professional development by facilitating time off work to attend meetings and educational opportunities. Employers that are supportive in this will receive recognition in regional newsletter.
8. SGNA headquarters will develop a standardized template for regional website programs that can be managed through SGNA headquarters for a minimal fee while retaining the uniqueness of each region (with the ability to receive payments for regional activities, vendor fees, and sponsorships).
9. SGNA will expand membership by formulating a plan to educate nursing communities of the spectrum of GI nursing. This can be done through booths at other leading nursing conferences, advertising in different nursing journals, and having booths at regional meetings.
10. SGNA provides an in depth review course for nurses who want to become certified.
11. The education committee explore methods to develop orientation modules based on clinical pathways.
12. SGNA develop a basic course for the care of GI patients.
13. SGNA and CBGNA should disclose the dates for the certification exam and leadership conference for the next year before October 1st of the current year.
14. SGNA will develop a resource guide of words and short phrases commonly used during GI procedures, in English and Spanish to provide safe patient care.